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"Choking Game: Information &
Tips for Parents"
www.guidancechannel.com

Connect With Kids: "The Choking
Game-What Parents Need to Know"
www.connectwithkids.com

Teen Choking Game Newsletter
www.playinc.info

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P.L.A.Y.
Educate before it's too **LATE**

**Parents/Professionals
Learning About
Accidental Asphyxia
Among Youth**

*In Loving Memory of Tyler
and other victims of this game*

The Pass Out Game

The "Pass Out Game" is a life-threatening activity circulating in pre-teen/early teenage youth groups. Children playing this game will use their hands, belts, dog leashes, or some other apparatus to temporarily cut off the oxygen supply to the brain. When the flow of oxygen is restored, the individual gets "high". This sensation can become very addictive and is dangerous for numerous reasons.

Who Plays and Why?

The "Pass Out Game" is generally played by children in the 9-15 year age range. Some children as young as 6-7 years of age may play, especially if they have older siblings who are participating in this dangerous activity. Most of these children are over achievers who do not use drugs or alcohol. They mistakenly believe that this is a safe way to get high. Some "thrill seekers" or children looking for a "secret activity" may also play the game.

The game is also known by the following names:

- Airplaning
- American Dream Game
- Blackout Game
- Choking Game
- Fainting Game
- Flatline/Flatliners
- Funky Chicken
- Hyperventilation Game
- Knockout Game
- Rising Sun Game
- Space Cowboy/Space Monkey
- Suffocation Game
- Tingling Game

WARNING SIGNS

- Unexplained marks/bruises on the neck
- Short ropes, cords, neckties, leashes, etc. in unusual locations
- Blood shot eyes
- Headaches
- Petechiae (tiny red dots) on the face
- Disorientation after spending time alone
- Unusual demands for privacy/locked doors
- Chat room discussions about game



Tyler was an 11 year old honor student. He had perfect attendance for 6 years. He loved playing basketball and baseball. He was a freshman in middle school. Tyler passed away on Monday, November 5, 2001. Tyler purchased a book on this very morning from the school's book fair referencing "hang man". It is our duty to educate our children about this potentially fatal game. I did not have the opportunity to have this conversation with my son, as it was too late when I learned about the game. If only someone had educated me, I would have educated him, and life would be different. Don't allow yourself to walk in my shoes; help us to educate our youth!